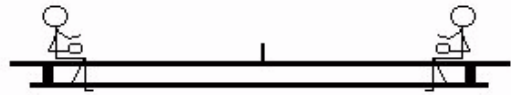


Here are a few ways in which to maximise the use of space and equipment already in schools

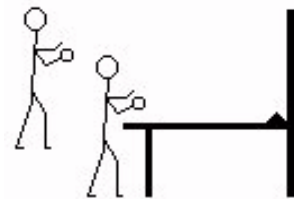
School PE benches with small cardboard 'nets' are ideal for practising backhand push strokes and the development of directional play



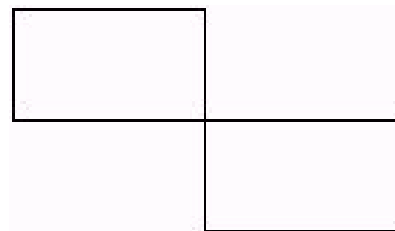
Plastic topped school tables again with a cardboard 'net' are ideal for both backhand and forehand touch play exercises



School tables can be placed against a wall for singles or doubles play - targets can be placed on the wall



School tables can be offset to simulate backhand or forehand exercises



....and so a practice circuit can be set up around which players and their partners move after a specified time on each exercise