

**So how do we start with 'NO' Table Tennis Tables?**

- Make strong cardboard nets: 300mm x 100mm for PE benches and 600mm x 100mm for school tables. (You could, of course, purchase strong plastic nets from Tees Sport – Telephone 0800 458 4141)
- Devise your circuit similar to 'Starter Circuit 1' and use PE benches and school tables (rectangular – Formica/solid wood tables 1200mm x 600mm or 1100mm x 550mm are ideal). Thin topped tables are not satisfactory as the ball will not bounce.
- Select from your pack the Master Instruction Cards – fold them as directed and place them over the net.
- Send 2 players to each table with their bats and one ball per pair. Players read the instructions and start to play. After 2 minutes – stop the play (call 'LET'). Pairs move to the next table – read the instructions and start to play again.
- Move on to Intermediate Circuit 2. Use the instruction cards provided.
- Devise your own circuit – use the blank master cards to make your own instructions.

**But you have some tables -**

- Combine the use of table tennis tables, PE benches and plastic topped tables with Mix and Match Circuit 3.
- Maximise your resources with Max Play Circuit 4 which can lead to playing games.

**But you have more tables –**

- As illustrated, make the best use of these for 2, 4 or 8 players.