

**Assumption University  
Faculty of Arts  
Department of General Education  
Course Outline 2/2008**

**Course** : BG 1100 Physical Education : **Table Tennis**  
**Credit** : 1  
**Status** : General Education Requirement  
**Prerequisite** : None  
**Lecturers** : A. Pansiri Chantokul and A. Wattanachawin Boonsirisombat

**Course Description** : This course is centered around the physical activity needs, abilities and interests of young adults. The aims are to create unity among students and to help them to improve physical fitness, to provide opportunity to establish skills in basic movement, to bring performance in elected physical activities to a high level of satisfying proficiency and to find enjoyment in physical activity and lasting interest in continuing voluntary participation. Activities include swimming, soccer, basketball, volleyball, tennis and social dance.

**Course Objectives** : The course aims to enable students to  
 1. obtain knowledge about the history and rules of table tennis.  
 2. achieve physical, mental, emotional and social development.  
 3. appreciate the values of table tennis.  
 4. create unity among themselves.  
 5. perform the different skills in playing table tennis.

**Teaching-Learning Activities** :  
 1. Lectures  
 2. Demonstrations  
 3. Class Discussions  
 4. Drills

<b>Course Components and Mark Allocation</b> :	Practical Evaluation	60 %
	1. Serving	10%
	2. Pushing	10%
	3. Driving	10%
	4. Chopping & Spinning	10%
	5. Slicing	10%
	6. Officiating	10%
	Class participation	20 %
	<u>Assignment</u>	<u>20 %</u>
	<b>Total</b>	<b><u>100 %</u></b>

**Attendance Requirement** : At least 80 % attendance is required. Students with more than 3 absences will not be allowed to take the practical evaluation.

<b>Evaluation</b> :	80 - 100 %	=	A
	78 - 79 %	=	A-
	73 - 77 %	=	B+
	70 - 72 %	=	B
	68 - 69 %	=	B-
	63 - 67 %	=	C+
	60 - 62 %	=	C
	58 - 59 %	=	C-
	50 - 57 %	=	D

**Required Readings** : Handouts

**References** : Likerh, T.(1995). Skill & Tactics Table Tennis. Delhi : Sports Publication.  
 English Table Tennis Association. (1995) Table Tennis. London: A &C Black Ltd.  
 Richard, T.(1989). Sports Action Table Tennis, London: Octopus Book Ltd.  
 Hodges, L. (1994). Table Tennis : Steps to success. U.S.: Human Kinetics.

**Study Plan and Schedule :**

**Week 1 (October 27 – 31, 2008)**

General background

- History of Table tennis
- Advantages and Values of playing table tennis.
- Knowledge, understanding and safety in playing table tennis
- Natural features of table tennis
- Principles of good players, spectators and official

**Week 2 (November 3 – 7, 2008)**

Basic Skills in table tennis

- Paddle-gripping
- Movements of the feet

Return of service in attitudes of paddle-grips

- Backhand and forehand pushes
- Normal style grip
- Penhold grip
- Shakehands grip (Standard grip)

**Week 3 (November 10 – 14, 2008)**

Ball-passing

Score-counting

Single and Double plays

**Week 4 (November 17 – 21, 2008)**

Skills in playing table tennis

- Forehand & Backhand Control
- Peak Timing
- Half volley

**Week 5 (November 24 – 28, 2008)**

Skills in playing table tennis (continued)

- Drag
- Chop
- Spin

**Week 6 (December 1 - 4, 2008)**

- Smash
- Lob
- Drop

**Week 7 (December 8 - 12, 2008)**

Rules of the games (Scoring & Officiating)

- Scoring
- Officiating

**Week 8 (December 15 - 19, 2008)**

Rules of the games

- Singles game rules
- Double game rules

**Week 9 (December 22 - 26, 2008)**

Table Tennis competition

- Individual events
- Group events

**Week 10 (December 29-30, 2008 and January 15-16, 2009)**

Table Tennis competition ( continued)

- Evaluation  
(Serving, Push and Drive)

**There is no class during January 5 - 14, 2009 due to Mid-term Examination.**

**Week 11 (January 19 – 23, 2009)**

Practice & Competition

- Evaluation  
(Chop, Spin, Slice)

- Week 12**      **(January 26-30,2009)**  
- Evaluation  
(Single & Double games)
- Week 13**      **(February 2 – 6, 2009)**  
- Evaluation  
(Group playing)
- Week 14**      **(February 10-13, 2009)**  
- Evaluation(Officiating in all events) and presentation
- Week 15**      **(February 16-20, 2009)**  
- Evaluation & Review and presentation

**Reminders :** 1. Submission of assignment must be on the same day as your presentation.  
2. Sports attire is required during class.

-----**THERE IS NO FINAL EXAM**-----

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**Mon. February 2, 2009:** Last day to withdraw with “W” (withdrawing after this date will be given “WF”)

#### **VISION**

Assumption University of Thailand envisions itself as :

- an international community of scholars,
- enlivened by Christian inspiration,
- engaged in the pursuit of Truth and Knowledge,
- serving human society, especially through the creative use of interdisciplinary approaches and cybertechnology.

#### **VISION 2000 FOR ASSUMPTION**

##### **UNIVERSITY GRADUATES**

Assumption University of Thailand envisions its graduates as :

- healthy and open-minded persons, characterized by personal integrity, an independent mind, and positive thinking,
- professionally competent, willing to exercise responsible leadership for economic progress in a just society,
- able to communicate effectively with people from other nations and to participate in globalization.

##### **Faculty of Arts Vision/Mission**

###### **Vision**

Faculty of Arts, Assumption University of Thailand, envisions itself as :

a faculty of high academic standing known for its excellence in language education for business, culture and research with :

- qualified and dedicated lecturers
- capable and determined students
- state-of-the-art courses and technologies
- international teaching environment

which envisions its graduates to be :

- professionally competent, able to communicate effectively with people from other nations and to participate in globalization through their facility as bilinguals and their deep knowledge of other cultures,
- responsible leaders for economic progress in a just society, both in their exercise of citizenship and in their business activities,
- flexible and compassionate persons who clearly live by their personal values, dare to think for themselves, and respond to new situations innovatively.

###### **Mission**

**Enabling students :**

1. To acquire language business skills, Thai and foreign, for reading, writing and communicating
2. To learn how to mutually appreciate and share cultural values with people of other nations
3. To be professionally competent business men and women capable of responsible business leadership for economic progress and prosperity of the country

**Faculty of Arts  
Arts Academic Advising 2/2008**

All Arts students must meet with their advisors before they pre-register for the 1/2009 semester. Students who fail to come for their academic advising session will only be allowed to register for 1/2009 after the semester has begun and their course load will be limited as follows:

**Non-probation students:** *only 4 subjects*

**Probation students:** *only 3 subjects*

Names of academic advisors will be posted on the university website ([www.au.edu](http://www.au.edu)), faculty website ([www.arts.au.edu](http://www.arts.au.edu)), at CL 11, SR Bldg. and on the Department Board at SM Bldg. Arts students are required to check their advisors' names every semester and meet with them before the pre-registration.

October 2008